



Physiotherapy- Hydrotherapy Services

Discover the Healing Power of Water!

At Kingaroy Chiropractic & Wellness, we're excited to offer hydrotherapy sessions to help you move, recover, and thrive. This therapeutic approach uses water's unique properties to support your journey to better health and well-being.

Why Hydrotherapy?

- **Low-Impact Treatment:** Perfect for easing pain and strain on joints.
- **Increased Mobility:** The buoyancy of water supports movement and flexibility.
- **Accelerated Recovery:** Warm water soothes muscles, enhances circulation, and promotes healing.
- **Stress Relief:** Relax and unwind while improving your physical health.

What We Offer:

- ✓ Pain relief for arthritis, injuries, and chronic conditions.
- ✓ Rehabilitation programs post-surgery or injury.
- ✓ Gentle exercise programs to improve strength and flexibility.
- ✓ Balance and coordination training.
- ✓ Relaxation and stress management.

Who Can Benefit?

Individuals with joint pain or stiffness.
Post-surgical or injury recovery patients.
People managing chronic pain or mobility issues.
Anyone seeking low-impact, therapeutic exercise.



How It Works

- 1. Consultation:** We'll assess your health and create a custom plan.
- 2. Guided Sessions:** Our experienced therapists guide you through your program in a safe, supportive environment.
- 3. Results You'll Feel:** Enjoy improved mobility, reduced pain, and a greater sense of well-being.

Experience the rejuvenating benefits of hydrotherapy and take the plunge toward a healthier you!

We accept My Aged Care packages, Medicare CDM Plans, NDIS, Private health funds and DVA.

CONTACT US TODAY!

Phone: 41621335 | Website: kingaroychiropractic.com.au | Serving Kingaroy and surrounding areas.